



Message from INF President Denise Belsham

As President of the International Neuroendocrine Federation, I am delighted to write the first piece for our inaugural INF Newsletter. This endeavor was initiated by the INF Executive Council (Drs. Waljit Dhillon, Kellie Breen and I) to communicate all of the exciting happenings in neuroendocrinology and to keep the community active and engaged. Our Treasurer and Assistant Editor, Dr. Kellie Breen, helps me to come up with an interesting set of topics, and we welcome any new ideas from the membership. This is meant to be an electronic conversation for our members, and we hope that everyone will participate in the process. If you have ideas or want to announce or highlight a topic from your individual society, please send us a note.

I especially want to acknowledge the effort being poured into the upcoming ICN2026 Meeting in Nagoya Japan. We know that the attendees will have an exceptional experience given the organizers. We have included titles of the upcoming sessions, as well as a couple of personal pieces from our chairs. I want to thank **Dr. Rebecca Campbell**, Chair of the program organizing committee, and her committee who put together an integrated scientific program addressing the full spectrum of neuroendocrine research and covering cutting edge developments within twelve sessions. She has just finished a site visit and has written a piece summarizing her experience. I also send a huge thank you to **Dr. Hiroshi Arima**, Chair of the local organizing committee, as he and his team are instrumental in planning the meeting to be both intellectually stimulating, but with ample opportunities for networking (and fun – we are going to Japan after all). All are volunteering countless hours and have put together what is sure to be a spectacular ICN meeting – I encourage all of our member societies and groups to join us in Japan July 26-29, 2026!

In this newsletter, we will introduce you to the various aspects of the INF that fit into the lives of your individual societies. I will encourage you to consider becoming a lead editor(s) for one of our upcoming Masterclass in Neuroendocrinology books, and spread the message to your friends and colleagues, as this is one of the sources of revenue for the INF to support trainees to attend the ICN meetings globally. Further, I hope that each of our member societies will provide trainee travel awards to attend the ICN2026 in Japan, so that we will have a robust and diverse group of future neuroendocrinologists at the meeting.



Professor Denise Belsham, President of the International Neuroendocrine Federation

Reminders:

- *It's time to start thinking about the location of the next ICN meeting in 2030. Bids will be accepted before the ICN2026 meeting where the Council will vote for the best bid.*
- *While my term is 2024-2028, the next Executive Council (President, Secretary, and Treasurer 2028-2032) will be decided at the next ICN meeting – we encourage you to consider and nominate qualified candidates before ICN2026.*
- *Reports from individual societies will be posted on the INF website – visit our enhanced website to catch up on all the news.*

<https://www.inf-neuroendocrinology.org>



Greetings!

Hiroshi Arima, M.D., Ph.D.
Congress Chair of ICN2026 and JNS2026
Professor, Department of Endocrinology and Diabetes,
Graduate School of Medicine, Nagoya University



It is a pleasure and an honor for us to host the 11th International Congress of Neuroendocrinology (ICN 2026) and the 52nd annual meeting of the Japan Neuroendocrine society (JNS 2026) jointly in Nagoya, Japan on July 26-29, 2026. The theme of this meeting is “Fascinating Neuroendocrinology”.

The International Neuroendocrine Federation (INF) was founded in June 2000 at the Council Meeting of the International Society of Neuroendocrinology in Toronto. The INF is an academic partnership with the mission of bringing together researchers and promoting relevant discoveries in the field, holding the ICN every 4 years. The INF constitutes more than 14 neuroendocrine organizations, including the JNS.

The JNS, consisting of around 500 Japanese members, is an interdisciplinary organization encompassing the neuroendocrine field and has a history of 50 years from its first scientific meeting held in 1967. The members include researchers in basic medicine (anatomy and physiology) as well as clinical medicine. The JNS holds an annual scientific meeting where studies on neuroendocrinology are presented, and information is provided to society. The JNS held the 4th ICN in Kitakyushu, Japan in 1998, which was successful and fruitful. We, as the JNS, will do the best again for the success of ICN 2026/ JNS 2026.

We are looking forward to meeting you in Nagoya in June 2026.

Best wishes,
Hiroshi Arima, Chair, Local Organizing Committee, Nagoya Japan



NB – If you are aware of potential sponsorship for the ICN2026, Drs. Denise Belsham or Hiroshi Arima would be very pleased to speak with you regarding the details for supporting this meeting. We encourage our membership to reach out to their individual contacts within their organizations or at biotech companies that are supported by your research efforts. Thanks for your assistance in this endeavor!





International
Neuroendocrine
Federation

ICN2026

NAGOYA, JAPAN



The 11th International Congress of
Neuroendocrinology

in conjunction with The 52nd Annual Meeting of
Japan Neuroendocrine Society

Fascinating Neuroendocrinology

Date **July 26 – 29, 2026**

Venue **WINC AICHI
(Aichi Industry & Labor Center)
Nagoya, Japan**

Chair **Hiroshi Arima**
Department of Endocrinology and Diabetes,
Graduate School of Medicine, Nagoya University



<https://www.congre.co.jp/icn2026>





Report from the Nagoya Japan site visit of Dr. Rebecca Campbell, POC Chair for ICN2026

Looking Ahead to the International Congress of Neuroendocrinology 2026 in Nagoya, Japan

As Programme Organising Chair for the upcoming International Congress of Neuroendocrinology (ICN 2026), I recently had the pleasure of visiting Nagoya, Japan, to tour the congress venue and local area with the outstanding Local Organising team. I am grateful to Drs. Hiroshi Arima, Shintaro Iwama and Tomoko Kobayashi for hosting me so generously, and I am excited to share a preview of what attendees can look forward to at ICN2026.

Convenient and accessible location. Nagoya is exceptionally well connected, making travel straightforward for international delegates. The city is served by Chubu Centrair International Airport, with direct connections to major Asian hubs and easy transfers from North America and Europe. From the airport, the express train will have you in the heart of Nagoya in about 30–40 minutes. For those flying into other cities, Nagoya is also an easy destination on the Shinkansen (bullet train) network—just 40 minutes from Kyoto and under 2 hours from Tokyo.

I flew in and out of Tokyo on a return trip from Europe to New Zealand and experienced both the Narita and Haneda airports. Haneda is closer to the centre of Tokyo and the Shinkansen line to Nagoya, but both airports were easily accessed by train. I travelled by Shinkansen (bullet train) into Nagoya station, which is about a 5-minute walk from the conference venue. I recommend the *Klook* app to book tickets and the express Nozomi line for the fastest trip between Tokyo and Nagoya, taking approximately 1 hour and 30 minutes. If you are travelling with luggage, ensure you book a seat with luggage space.



Excellent venue at the WINC Aichi Building. ICN2026 will be held at the WINC Aichi Conference Center (red pin on the map), an impressive modern facility located just a short walk from Nagoya Station (yellow star on the map). The venue offers spacious, well equipped rooms and theatres for scientific sessions, posters, and informal networking, all within easy access. The venue is in a high rise building and is exceptionally well connected by elevator to public transport options, hotels and eateries. Check out the map to see how close the venue is to the station and many accommodation options.

Abundant accommodation and entertainment options. Nagoya boasts a wide range of hotels to suit every budget, many within short walking distance of the congress venue. Those wanting to stay further afield will be able to easily access the conference venue on public transport, but you will not need to leave the heart of Nagoya to find affordable accommodation. See the suggested list below for options within easy walking distance to the WINC building. I enjoyed the beautiful Mitsui Garden Hotel while I visited, a stunning high rise hotel with amazing views, generously-sized rooms and a fabulous breakfast.





International Neuroendocrine Federation

I had the distinct pleasure of sampling the delicious local cuisine in Nagoya and I hope you will do the same! But whatever you palate, there are abundant options, from Michelin-starred restaurants to local izakayas (pubs) to a diverse selection of cuisines. The city also features excellent shopping and cultural attractions, some of which will be featured in the meeting excursion options.

Dr Arima and his team took me to Nagoya Castle for a preview visit of this significant historical landmark, known for its grand castle tower, topped with golden shachihoko (mythical tiger-headed carp often used as talismans against fire). An English-speaking guide provided interesting historical context and stories as we walked through the extensive grounds and the beautifully restored Honmaru Palace. This tour and other options, including experiencing a Sake kura, will provide great networking and cultural experiences.



Nagoya's excellent transport links, modern facilities, and rich cultural offerings will make it an outstanding backdrop for **ICN2026: Fascinating Neuroendocrinology**, and I can't wait to go back. Check out the website for more information <https://www.congre.co.jp/icn2026/> and look out for more details about the developing programme of brilliant speakers and engaging sessions coming soon. I look forward to seeing you all in Japan for ICN2026.

Rebecca Campbell
Programme Organising Chair, ICN2026

Recommended Nagoya hotels within ~5–10 min walk from WINC Aichi conference venue

Budget to Mid-Range

Meitetsu Inn Nagoya Sakuradori ~ USD 74
Chisun Inn Nagoya ~ USD 88
APA Hotel Nagoya Ekimae ~ USD 75
Sotetsu Fresa Inn Nagoya Sakuradoriguchi ~ USD 70
Comfort Hotel Nagoya Meieki-Minami ~ USD 76

Mid-Tier to Upscale

Daiwa Roynet Hotel Nagoya Taiko-dori Side ~ USD 95
Via Inn Nagoya Ekimae Tsubakicho (JR WEST GROUP) ~ USD 94
Ibis Styles Nagoya ~ USD 95
Four Points Flex by Sheraton Nagoya Station ~ USD 74–114

Upper Mid-Range to Premium

Nagoya JR Tower Hotel ~ USD 175–200
Meitetsu Grand Hotel ~ USD 140–240
Mitsui Garden Hotel ~ USD 220–300
Nagoya Marriott Associa Hotel ~ USD 362–385





**International
Neuroendocrine
Federation**

Kisspeptin Satellite Meeting prior to ICN2026



Consider coming to Japan a few days earlier to participate in the Kisspeptin satellite meeting from July 23-25, 2026!

Location: Nagoya University, Nagoya, Japan

Website for information:

<https://sites.google.com/view/kisspeptin2026/home?authuser=0>

Become an Editor for a Masterclass in Neuroendocrinology book – please and thanks!

We encourage you to highlight your broad area of research by editing a special volume for our Masterclass in Neuroendocrinology book series. These books contain a compilation of the latest findings in distinct fields within neuroendocrinology. Find the full list of published books/titles at the website listed below. Special issue editors will be provided with assistance from the publisher Springer Nature, as well as our invaluable series editors, **Drs. Mike Ludwig and Valery Grinevich**. The royalties from the book series provide funding for the trainee travel awards for the ICN meetings every four years and allows us to support their attendance at smaller neuroendocrine meetings held in under-represented countries in the interim. Your support of the book series is therefore critical for the development of the next generation of neuroendocrine scientists!

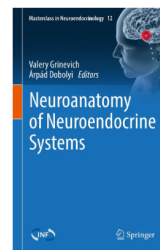
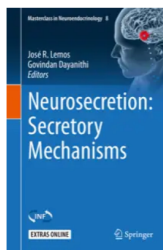
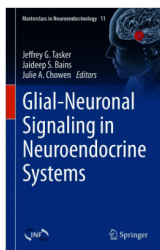
Suggestions for new topics are welcome by sending to Mike Ludwig (Mike.Ludwig@ed.ac.uk) or Valery Grinevich (Valery.Grinevich@zi-mannheim.de) for discussion. Published topics can be found at the link below. Some specific areas that we are looking for include:

Sexual dimorphism in Neuroendocrinology
The Gut-Brain Axis
Neuroendocrine Disruptors

Neuroendocrinology of Aging
Molecular Neuroendocrinology
Neuroendocrine Tumours

Website: <https://www.inf-neuroendocrinology.org/neuroendocrinology-book-series/>

Some examples of previous editions (see flyer attached at end of newsletter):



The INF is the global governing body for the individual societies and groups around the world. If you have any questions about your individual society membership or activities, do not hesitate to reach out to your local representatives or to any of the INF council members.

International Neuroendocrine Federation (INF)

INF Executive & Society Presidents

INF Executive

- Dr. Denise Belsham, President
- Dr. Waljit Dhillon, Treasurer
- Dr. Kellie Breen Church, Secretary

INF Society Presidents

- Dr. Victor Navarro, President, Pan American Neuroendocrine Society
- Dr. Hiroshi Arima, President, Japan Neuroendocrine Society
- Dr. Sebastian Bouret, President, Société de Neuroendocrinologie (France)
- Dr. Neil Evans, President, British Society for Neuroendocrinology
- Dr. Zane Andrews, President, Australasia HNNA

INF Regional Representatives

- Dr. Xuequn Chen, Chinese Region
- Dr. Erik Hrabovszky, Hungarian Neuroendocrine Section
- Dr. Suzanne Dickson, Nordic Neuroendocrine group
- Dr. Alina Gajewska, Polish Society for Neuroendocrinology
- Dr. Muhammad Shahab, Pakistan Neuroendocrine Group
- Dr. Senthilkumaran Balasubramanian, India Region
- Dr. Jae Young Seong, Korea Region
- Dr. María Julia Cambiasso, Latin America Region
- Dr. Ayar Ahmet, Turkish Neuroendocrinology Society

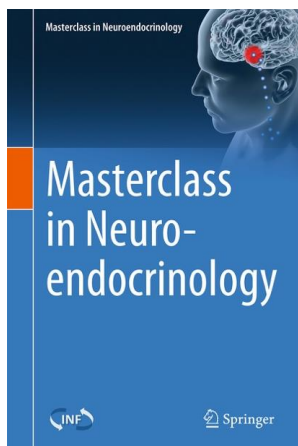
Email addresses available at the link below:

<https://www.inf-neuroendocrinology.org/member-societies/>





**International
Neuroendocrine
Federation**



Masterclass in Neuroendocrinology is published by Springer (Springer Nature) in collaboration with the **International Neuroendocrine Federation**.

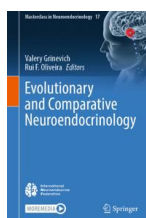
<https://www.springer.com/series/15770>

Series Editors:

Mike Ludwig, Valery Grinevich

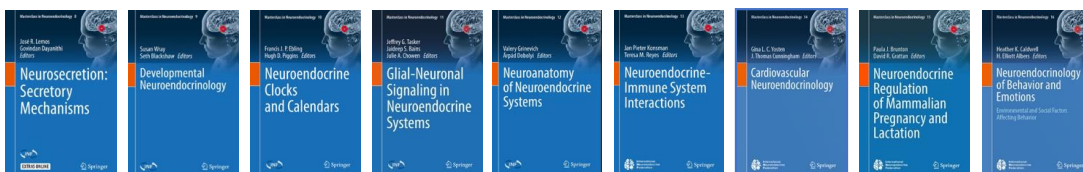
mike.ludwig@ed.ac.uk, valery.grinevich@zi-mannheim.de

**Latest
Volume:**



**Global reach of the book
series:**

Ebooks are accessed by 964
institutes from 60 countries
around the world



See you in Japan!

